

FIGHT COVID-19

Facts:

- You can have the virus without symptoms.
- You may infect others without knowing it.

Take steps to protect yourself and others



Wash your hands often with soap and water for at least 20 seconds.



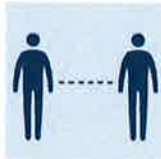
Sneeze into a tissue, cough into your elbow.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.

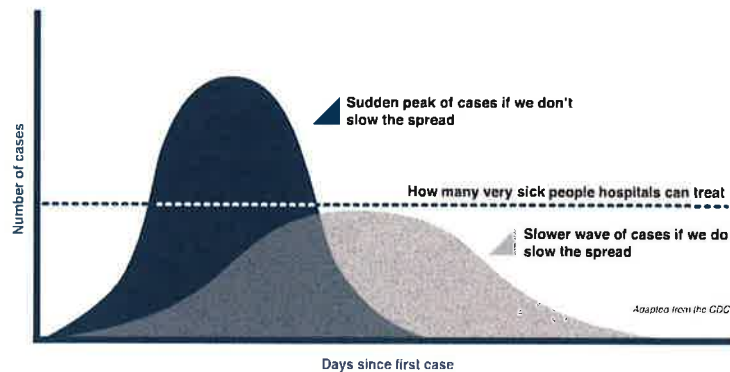


Keep six feet away from others and avoid groups.



Stay home as much as possible.

How following these steps can save lives



If you think you are sick

If you have fever, cough, or shortness of breath, call the doctor **BEFORE** going in to be seen.



For up-to-date information, visit umc.edu/coronavirus.

The Mississippi State Department of Health
Coronavirus Hotline:
877-978-6453
Monday – Friday,
8 a.m. – 5 p.m.